



EAGLE BROOK
Country Club

Hello
September.



CONNECT WITH US! WWW.EAGLEBROOKCLUB.COM



Congratulations!!



Congratulations to Jay Armour
2019 Becker Cup Champion!!!!



Congratulations to Cameron Marr
The 2019 Junior Club Champion.



Congratulations to Steve
Skorburg Hole In one
on Hole #15



Congratulations to [Richard Kopec](#) and Greg Weddle
2019 Kolbe Cup Champions.



Congratulations to Vinny and Becky
Gosain for winning the 2019 Couples
Championship yesterday. It seems only
fitting that if Becky made a hole in one,
she should win the tournament.



Congratulations to Jeff
Robinson Hole In one
on Hole #17



Congratulations to Erik
Utterback In one
on Hole #3



Congratulations to
Debbie Cork and Sue
Marr on their win in the
Lucy and Ethel Event

John Ramm Event



Membership Referral

Come drive with me.

Bring your Friends & Family
to your Second Home
We love meeting new people!
Receive a free month of dues when they sign up



New Members
will enjoy a
special limited
time offer!

All referrals must be submitted in order for you to receive your one month free dues. Please contact Denise Wallace at 630-943-4013 or at dwallace@eaglebrookclub.com for more information or to register your referral.

PRIVATE EVENTS

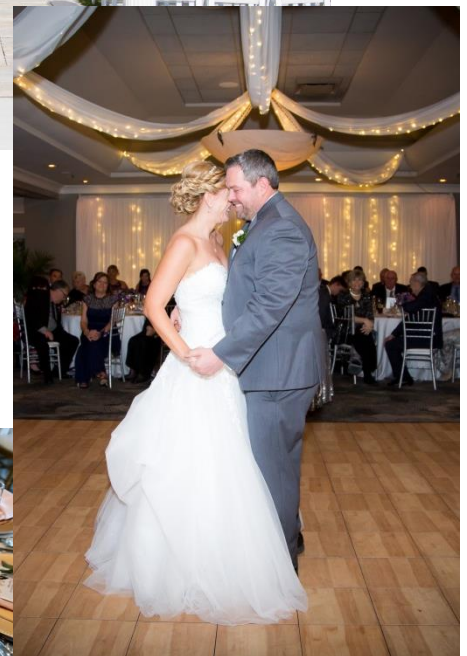
As a Member you will save 10% on any private event!

Eagle Brook Country Club is the ideal spot to host your next event!

We strive to create long lasting memories for all our guests!

Our wine room is perfect for intimate events of 20 or less , while the ballroom can entertain 20-300 guests.

- Rehearsal Dinners
- Weddings
- Receptions
- Bridal/ Baby Showers
- Meetings and Seminars
- Recognition/ Award Events
- Luncheons / Dinners
- Holiday Parties
- Retirement / Anniversary Parties
- Bar and Bat Mitzvahs



Contact: Melissa Trader, Private Events Director

Phone: 630-943-4009

Email: mtrader@eaglebrookclub.com

SEPTEMBER DINING



Saturday, August 17th

Prime & Wine Night

Reservations
begin at 5:30pm

Come enjoy Prime Rib Night
with your family and friends at the
club! A la carte style.

Adults \$31.95+ • Children 5-12 \$15.95



Tuesday through Friday
4pm-6pm

\$4 draft beer \$5 well drinks

\$5 house wine \$.75 Wings

\$5 Jumbo Pretzel \$4 Fish (Tilapia) Tacos

**Don't miss our array of
specials every week**

Tuesdays: 🍹

Mexican & Margaritas

Wednesdays:

Kids Eat Free 🧒👧

Thursdays:

Burgers at the Brook 🍔

Sundays:

Wing and Draft Special



Sanctuary Hours

Lunch served:

Tuesday-Saturday:

11:00am-5:30pm

Sunday: 11:00am -8:00pm

Dinner served:

Tuesday-Saturday:

5:30pm-9:00pm

***(Sunday is served from the
lunch menu only)***

Labor Day Pool Party

Monday

SEP

02 2019



CELEBRATE

LABOR DAY POOL PARTY

11:00am to 4:00pm

- DJ - DRINKS - FOOD -
FOOD WILL BE PURCHASED WITH TICKETS

RSVP are encouraged
630-208-4653 or Kthompson@eaglebrookclub.com

EAGLE BROOK
Country Club



Member September Events

Support our local high school golf team!

The Geneva Golf Team will be practicing at Eagle Brook throughout September. There will also be two matches here at Eagle Brook during that time. Feel free to join in and cheer them on when they are here!

Practice days in September 4th, 9th, 11th, 12th, 16th, 18th, 19th, 25th, 26th, and the 30th.

Matches are September 5th and September 17th



Holiday Hours of Operations

September 2nd

Labor Day

The Sanctuary Bar Open 11am-5pm

The Sanctuary Kitchen will be CLOSED

10th Tee Open until 5pm

10th Tee Grill Open until 3pm

Pool & Cabana Open 11am to 7pm

POOL PARTY 12pm to 4pm

Fitness Center Open 6am to 3pm

September 3rd

Day After Labor Day

Golf Course and Club is closed

Fitness Center will be open 6:00am to 3:00pm



September Events



DIVOT NIGHT

September 4th

Meet at 5:30pm at the 10th tee
Pizza and Beer will be provided.
Sign up sheet is on the Golf Board.



Wine & Bubbly Tasting Event

With SYLTBAR AND ELEVAGE

September 5th in the Ballroom Foyer

6:30pm to 8:00pm

6:30pm Check in

6:45 Short Presentation by Kathrin Filbrich of SYLTBAR Wines

7:45pm Raffle Prizes

\$12.00++ per person

Includes (2) tickets for SYLTBAR (Low Calorie) Prosecco and Sparkling
Rose

Wine Tasting, Cheese & Crackers, Sweet Treats!

RSVP with Kathy at kthompson@eaglebrookclub.com or 630-208-4653 Today!

From Andrew



Andrew is always looking for new and exciting ways to bring health to all of our members. Recently he has been learning about the Yass Method, and is looking to implement this program into his training here at Eagle Brook!

The Yass method is a diagnostic and treatment model that interprets the body's presentation of symptoms to identify the cause of those symptoms.

The idea that a tissue in distress elicits a symptom to create conscious awareness of the distress of that tissue so a proper intervention can be provided. Once the distress is resolved, the tissue no longer needs to elicit the symptom and it ceases.

The 4 primary mechanisms of muscular causes include a strain eliciting pain at the muscle or another muscle that compensates and strains due to the original muscle straining; a muscle causes a misalignment of joint surfaces of a joint that it attaches to or supports leading to pain at a joint; a muscle refers pain which is unknown to the medical system such as numbness at the hand resulting from a strained rotator cuff muscle and finally a muscle straining and impinging on a nerve such as with sciatica, a muscular cause creating a neurological symptom. Their problem is not medical but fitness based. There are muscles that have a force output that is less than the force requirements of their activities which is why the muscles strain and elicit symptoms.

The long term resolution of the symptoms and complete return to full function comes from performing the exercises correctly utilizing progressive resistance. Once the symptoms are resolved the person is then able to move onto a general conditioning program which is maintained through personal trainers.

Questions contact Andrew at agaynor@eaglebrookclub.com

September Fitness Schedule



EAGLE FITNESS GROUP SCHEDULE

MONDAY

8:00AM YOGA Rachel

TUESDAY

8:00AM SPIN Rachel
9:30AM HITT FIT Andrew

WEDNESDAY

8:00AM YOGA Rachel
9:00AM CORE SCULPT
Andrew
(Begins 9.4.19)

THURSDAY

8:30AM SPIN Rachel

FRIDAY

7:50AM POWER YOGA
Rachel
11:00AM BODY REBOOT
Andrew

SATURDAY

8:00AM SPIN Rachel
9:15AM ZUMBA Lori

If you have any questions about group fitness or would like to sign up for classes please contact Andrew Gaynor at 630-667-4815 or agaynor@eaglebrookclub.com

All Classes are subject to change without notification. Minors must be 14 years old to attend any group fitness classes and but be with a parent. At age 16 minors may attend classes without a parent



Aerie Cup 2019

"Battle @ the Brook"

Where Friends Become Competitors

Geneva Team vs **World Team**

Greg King- *Captain*
Dan Spezzano- *Co Captain*
Bill Adkins
Roger Albrecht
Josh Brown
Dan Castagna
Bill Chapman
Richard Kopeck
Steve Martin
Todd Melin
Bob Modene
Christian Novay
Mark Prysmiki
Erik Utterback
Greg Weddle

Scot Tennant – *Captain*
Doug Jeppesen – *Co Captain*
Jay Armour
Tom Billeter
Dan Collins
Mike Cork
Brett Donkin
Sam Erwin
Brian LeFevre
Scott LePenske
Travis Marr
Mark Mathys
Dan Murphy
Ernie Wallerstein
Matt Winkle

Good Luck Everyone!!!

From the Golf Shop

September 2019

<u>2nd Monday:</u>	Labor Day; Golf Course Open (<i>Holiday Tee times apply</i>)
<u>3rd Tuesday:</u>	Club & Course Closed
<u>5th Thursday:</u>	Aerie Cup Pairings Party
<u>6th Friday:</u>	Aerie Cup (Day 1 matches), Morning Tee times begin @ 7:30 am Afternoon Tee times begin @ 12:00pm
<u>7th Saturday:</u>	Aerie Cup (Day 2 matches), Morning Tee times begin @ 7:30 am Afternoon Tee times begin @ 12:00pm
<u>8th Friday:</u>	Aerie Cup (Day 3 single matches) Tee times begin @ 7:30am
<u>10th – 11th :</u>	Aeration of Greens — <i>subject to change depending on weather</i>
<u>13th Friday:</u>	Couples 9 & Wine
<u>18th Wednesday:</u>	Arcis Access Day
<u>20th Friday:</u>	Fall Member / Guest @ 1pm shotgun
<u>21st Saturday:</u>	Ladies Member Guest

- **Golf Shop Hours Tuesday – Sunday 7:00am – 5:30pm**
- ***1st Tee Opens @ 7:30 am starting Wednesday, September 4th & will change to 8:00am later in the month of September***

Ladies 18-hole league Thursdays @ 8:30 am shotgun

****Make Sure you sign up for events early to guarantee a spot!!
If you have problems signing up online please contact the golf shop. ****

Pro Shop Reminders

- For those of you who purchased **Guest pass booklets**, **they do not rollover to the 2020 golf season.** Make sure to use any remaining guest passes this season.
- For those of you who have Credit Book winnings from this past year, **it does not rollover to the 2020 golf season.** Make sure to use any remaining golf shop credits.
- Check out the latest fall fashions in the Golf Shop.
- Christmas is not too far away. If you are looking to WOW your special someone this Christmas, ask the Golf Shop for some great gift ideas.



September Calendar

Events subject to change

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Wing & Draft Special	2 <i>Limited Hours</i> Yoga 8:00am LABOR DAY POOL PARTY!	3 <u>Club Closed</u> Spin 8:00am HITT FIT 9:30am	4 <u>Dining</u> <u>Committee</u> <u>Meeting 7-8 pm</u> Yoga 8:00am Core Sculpt 9:30am Kids eat Free	5 <i>Aerie Cup</i> Spin 8:30 Burger Night Ladies Wine Tasting 6:30pm	6 <i>Aerie Cup</i> Power Yoga 7:50 Body Reboot 11:00am	7 <i>Aerie Cup</i> Spin 8:00am Zumba 9:15am
8 <i>Aerie Cup</i> Wing & Draft Special	9 <i>Green's Aeration</i> (Subject to change) <u>Club Closed</u> Yoga 8:00am	10 Spin 8:00am HITT FIT 9:30am <i>Mexican and</i> <i>Margaritas</i>	11 Yoga 8:00am Core Sculpt 9:30am New Member Mixer Kids eat Free	12 Spin 8:30 Burger Night	13 <i>Couples 9 &</i> <i>Wine</i> Power Yoga 7:50 Body Reboot 11:00am	14 <i>Prime & Wine</i> Spin 8:00am Zumba 9:15am
15 Wing & Draft Special	16 <u>Club Closed</u> Yoga 8:00am	17 Spin 8:00am HITT FIT 9:30am <i>Mexican and</i> <i>Margaritas</i>	18 Yoga 8:00am Core Sculpt 9:30am Kids eat Free	19 Spin 8:30 Burger Night	20 <i>Fall Men's Guest</i> <i>Day</i> Power Yoga 7:50 Body Reboot 11:00am	21 <i>Ladies Member</i> <i>Guest Day</i> Spin 8:00am Zumba 9:15am
22 Wing & Draft Special	23 <u>Club Closed</u> Yoga 8:00am	24 Spin 8:00am HITT FIT 9:30am <i>Mexican and</i> <i>Margaritas</i>	25 Yoga 8:00am Core Sculpt 9:30am Kids eat Free	26 Spin 8:30 Burger Night	27 Power Yoga 7:50 Body Reboot 11:00am Member Cocktail Party	28 Spin 8:00am Zumba 9:15am
29 Wing & Draft Special	30 <u>Club Closed</u> Yoga 8:00am					

Save the Dates!!



Oktoberfest
October 4th
In the Sanctuary!



Member
Halloween
Cocktail Party
October 25th
Dining Room



New Member
Cocktail Party
October 9th
In the Sanctuary



BooFest
October 27th
Ballroom



Closing Party
October 11th
In the Ballroom



Wine Walk
November 1st
Ballroom



Prime & Wine
October 19th
Dining Room



Turkey to Go
Begins
November 5th

Thanksgiving Turkey To-Go

Celebrate Thanksgiving and Leave the Cooking to Us!



Information

How to View Your statements Online.

Log into www.Eaglebrookclub.com
Click on "Login" (on the right side of the screen) Login with designated user name and password Click on "MyClub"
Click on "OnlineStatement"

If you are still unable to view your statement, please contact Dolly at dschmitz@eaglebrookclub.com.

How to Read Your Statement

As a reminder, when you receive your statement please note that you are paying your dues for the next month.

Example: Your May 31st statement will read as anything you did or purchased at the club in May as well as your June dues.

Connect with us

Follow us and like our Facebook page and Twitter. All of our current club and event information is posted on these sites daily and other fun posts about club happenings.



Facebook: Eagle Brook Country Club

Twitter: @Eaglebrookcc

Are you receiving email blasts?

If you are not contact Kathy at 630-208-4653 or kthompson@eaglebrookclub.com and let us know.

Golf Staff

Eric Pratali

Director of Golf

(630) 943-4015

Epratali@eaglebrookclub.com

Steve Bork

Asst. Golf

Professional

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Sbork@eaglebrookclub.com

Craig Kight

Golf Course Superintendent

(630) 208-0211

Ckight@eaglebrookclub.com

Frank Klaus

Golf Course

Assistant Superintendent

(630) 208-0211

Fklaus@eaglebrookclub.com

Fitness Center Hours

Monday:

6:00am - 3:00pm

Tues- Friday:

6:00am – 10:00pm

Sat & Sun

7:00am- 9:00pm

Office Staff

Alex Evans

General Manager

(630) 943-4016

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Eric Fundukian

Asst General Manager

Food & Beverage Director

Efundukian@eaglebrookclub.com

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Clubhouse

Manager

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Melissa Trader

Private Events

Director

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Denise Wallace

Membership Director

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Kathy Phelan

Member Relations Coordinator

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Kthompson@eaglebrookclub.com

Andrew Gaynor

Fitness Director

(630) 667-4815

agaynor@eaglebrookclub.com

Sanctuary Hours

Lunch served:

Tuesday-Saturday:

11:00am-5:30pm

Sunday

11:00am- 8:00pm

Dinner served:

Tuesday-Saturday:

5:30pm-9:00pm

*(Sunday is served from
the lunch menu only)*

Golf Shop Hours

Tuesday- Saturday:

8:00am - 5:30pm

Contact us:

Main Office: (630) 208-4653

Golf Shop: (630) 943-4010

